



**deb price reiki therapy**  
97 Central Street, Suite 205a  
Lowell, MA 01850

**978-590-6368**  
debpricereiki@gmail.com

## **Background and Training**

I, Deborah Price, have been practicing Reiki since September of 2019. I am a registered Reiki Practitioner with the **International Association of Reiki Professionals (IARP)**. I work with people of all ages who wish to utilize Reiki for general wellness, stress reduction, and I can even work with pets!

## **Who Can Benefit**

Reiki can be used by anyone, of any age, for general wellness as well as for specific issues. Reiki works by assisting in the reduction of stress and anxiety, which in turn may create an environment that is more conducive to allowing the body to heal. I have had great results in working with clients to reduce their tension and stress, which in turn can reduce chronic pain. Reiki can be very effective for people who suffer from chronic headaches, insomnia, and problems related to fatigue. Reiki is becoming more commonly used as a complementary therapy for many medical conditions at the recommendation of a physician or other health care provider. Many hospitals are now offering Reiki sessions to their surgical and hospice patients.

## **Client/Practitioner Expectations**

The first session will begin with a brief interview and client intake form. You will be asked a series of questions to establish a baseline and so I may plan the most beneficial series of sessions to fit your needs. Please keep in mind that privacy and confidentiality are maintained at all times, and I will never share your information without **your** express written permission, and only to those **you** specify. I subscribe to the IARP Code of Ethics as posted in my treatment room and clip board. A Reiki session is performed on a massage table, and the **clients will always remain fully clothed.**

Reiki sessions begin with the client laying face-up on the massage table, arms at your sides, feet uncrossed. A general full-body treatment is performed, with special attention given to any areas of concern to you. You will need to remove your shoes, and I suggest wearing clean socks. Clients are expected to observe good hygiene practices.

During a session, I encourage clients to inform me if anything makes them uncomfortable, and we can stop at any time. During a Reiki session it is not uncommon for emotions to bubble up to the surface. This is normal and expected, and perfectly fine. I encourage you to let those emotions out and let them go. I typically do not engage in conversation during a session, as I want you to fully relax and enjoy the session. However, if anything makes you uncomfortable for any reason, please feel free to let me know. I want to know as soon as possible.

**I reserve the right to refuse to work on a person who is under the influence of drugs or alcohol.**

**Sexual harassment, threats, or violence of any sort will not be tolerated. If the practitioner feels threatened, or that his or her safety has been compromised, the session will be stopped immediately and the client/practitioner will need to leave the premises (depending on where the session is being held).**



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## **Appointment Policies**

Each session is booked for sixty (60) minutes. Sessions may not take the full sixty minutes, but the time is booked for you and available if it is needed.

The first appointment will include a client history and assessment, and a conversation that includes what the client would like to achieve with Reiki.

If a client is late for a session, the session will be abbreviated, and end at the allotted time. The session fee will not be reduced.

If I am late, the full sixty minutes will be given.

If you need to cancel an appointment, please give at least 24 hours notice. **Appointments cancelled with less than 24 hours notice will be billed at 75% of the session rate unless the appointment can be filled. No-shows are non-refundable.**

## **Fees**

Payment is due at the time your session is booked, and can be paid by cash, credit, Venmo, or PayPal. I do not accept insurance at this time. I will always provide you with an itemized receipt at the end of your session.

## **Professionalism**

Our profession ascribes to a code of ethical behavior, which is available upon request, and is posted in my treatment room. I follow all of the statements in the code of ethics, and have a strong belief that clients and practitioners should not engage in social relationships. Personal and professional boundaries are to be respected at all times by both the practitioner and the client.

I will only perform services for which I am qualified, and will refer you to your own medical professionals when work is outside of my scope of practice or not in the client's best interest.

I keep accurate records and review changes before each session.

I respect each and every client regardless of age, gender, race, national origin, sexual orientation, religion, socioeconomic status, body type, political affiliation, or state of health. I maintain a strict "no politics" policy in my practice, and will not engage in politics-based conversations.